

SMP

SOLUTIONS

helping you unlock
your potential

Navigate the Way to a Brighter Future!



*Open the door to
new opportunities
and stand out
from the crowd!*

Steve Preston

Career Coach

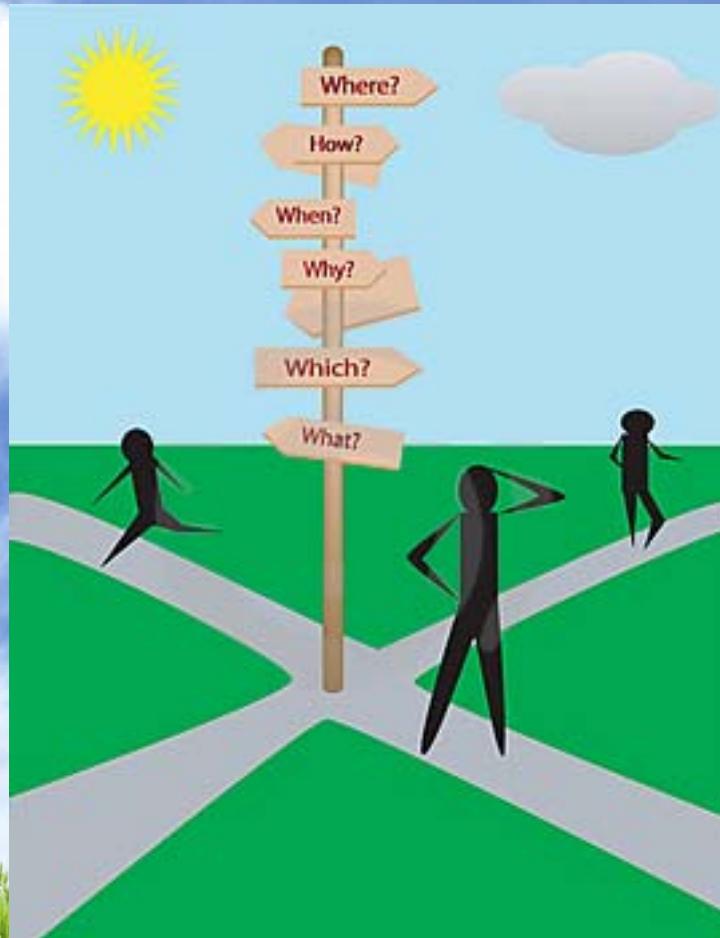
Director SMP Solutions

SMP

SOLUTIONS

helping you unlock
your potential

Career at a crossroads?



SMP

SOLUTIONS

helping you unlock
your potential

What do you want from today?

Why are you here????

Introduce yourself to the person next to you and ask the question

SMP

SOLUTIONS

helping you unlock
your potential

Navigate the Way to a Brighter Future!



- *What do you see?*
- *Threat or an opportunity?*

Top Tips for Winning Through Redundancy

- *Be prepared for it*
- *Know your rights*
- *Negotiate the best deal*
- *Negotiate a sum for outplacement support if not offered*
- *It's not about you but about the economic climate e.g. restructuring*
- *You are allowed to be upset (for a while!)*

SMP

SOLUTIONS

helping you unlock
your potential

Top Tips for Winning Through Redundancy

- *Get the right support network - positive people*
- *Get professional help*
- *Regroup & reframe*
- *Start to see as an opportunity*
- *Network - online + offline*
- *Mindset - project a positive and upbeat image*
- *Live your dream - do what you've always wanted to!*

SMP

SOLUTIONS

helping you unlock
your potential

Career Change

Research shows:

- **1 in 2 people are in the wrong job**
- **2 out of 3 are unfulfilled in their jobs!**

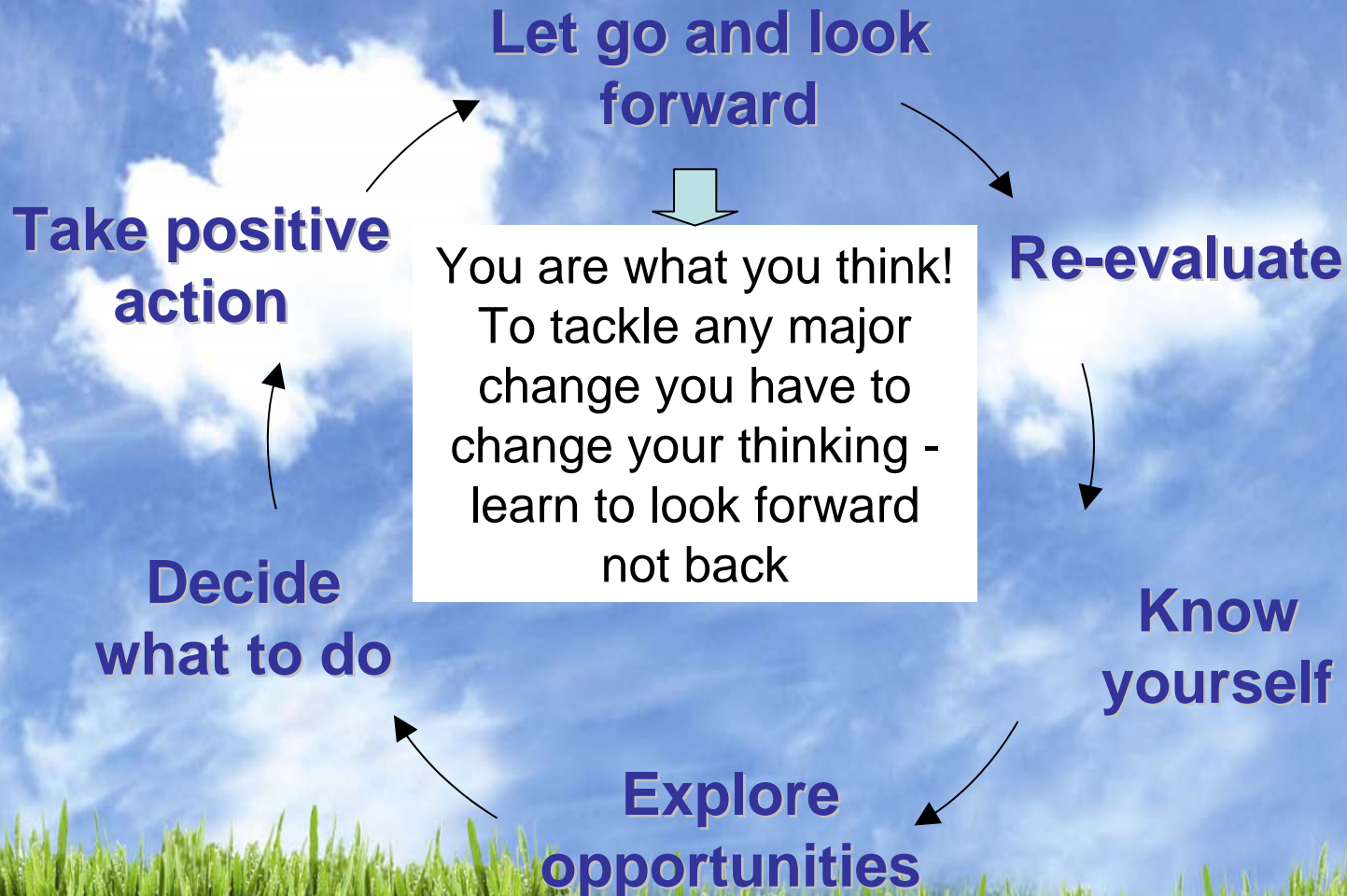
Does this sound like you?

Why not 'Love Monday's'?

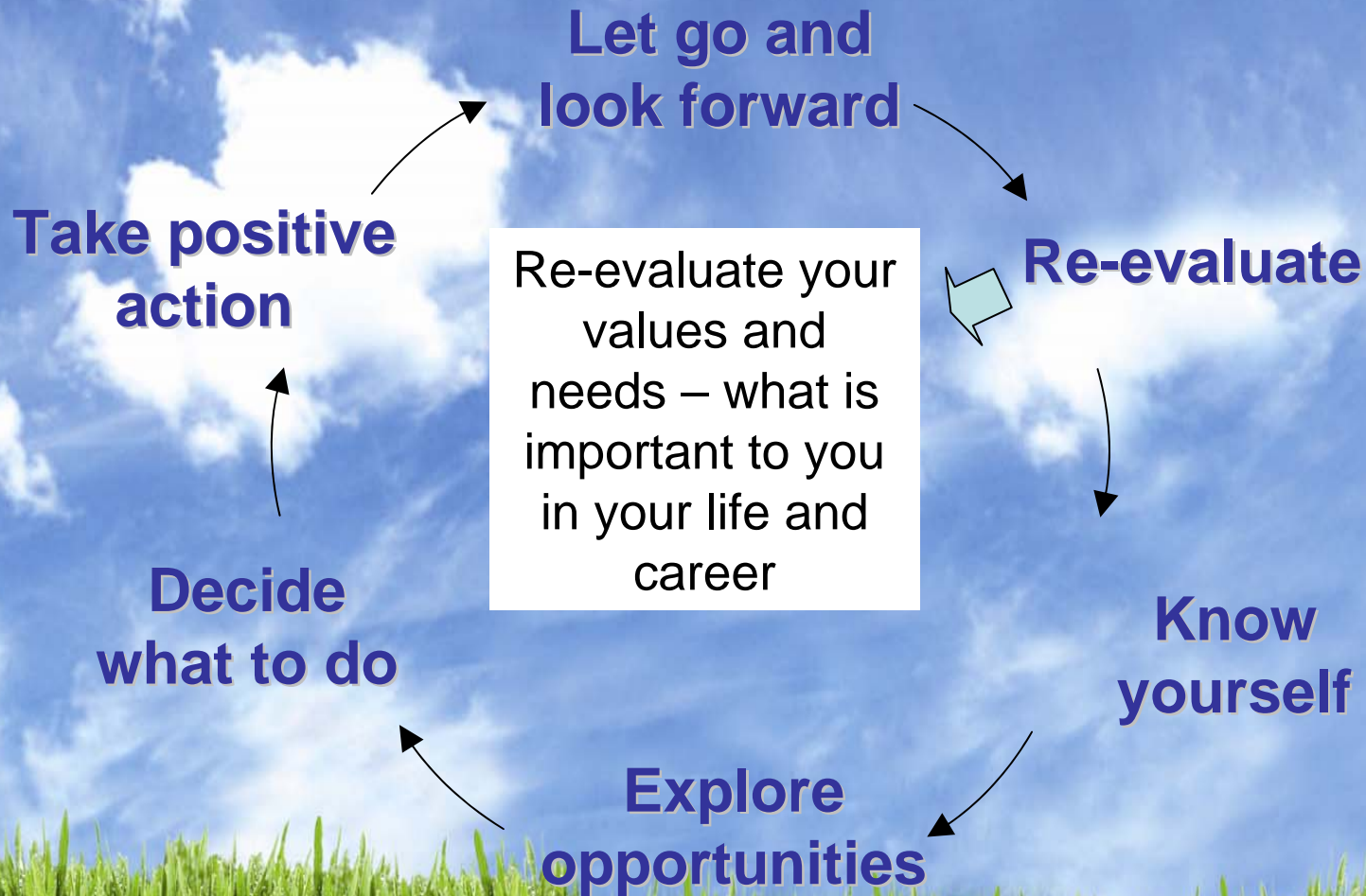
The SMP Career Navigation Cycle



The SMP Career Navigation Cycle



The SMP Career Navigation Cycle



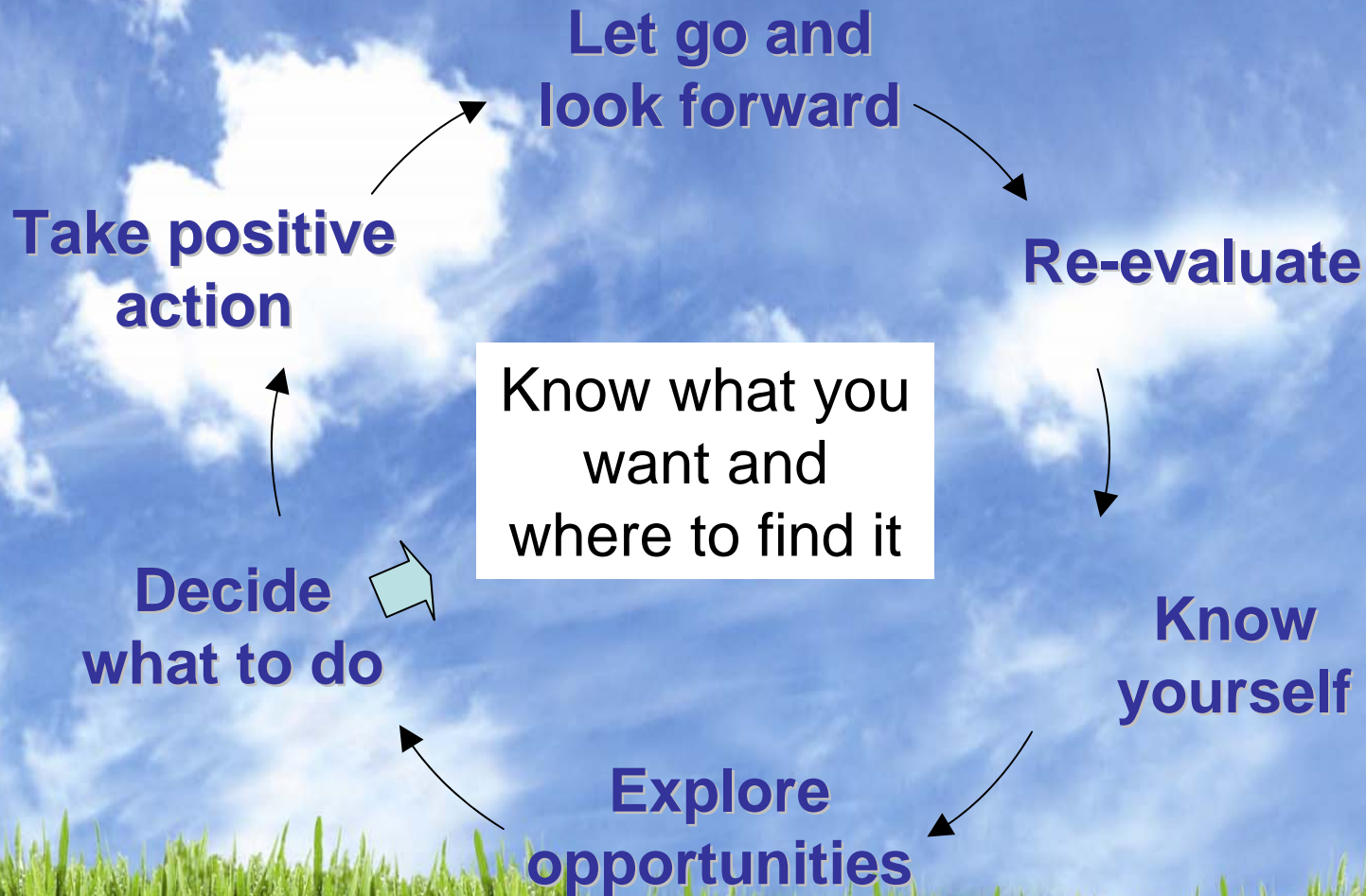
The SMP Career Navigation Cycle



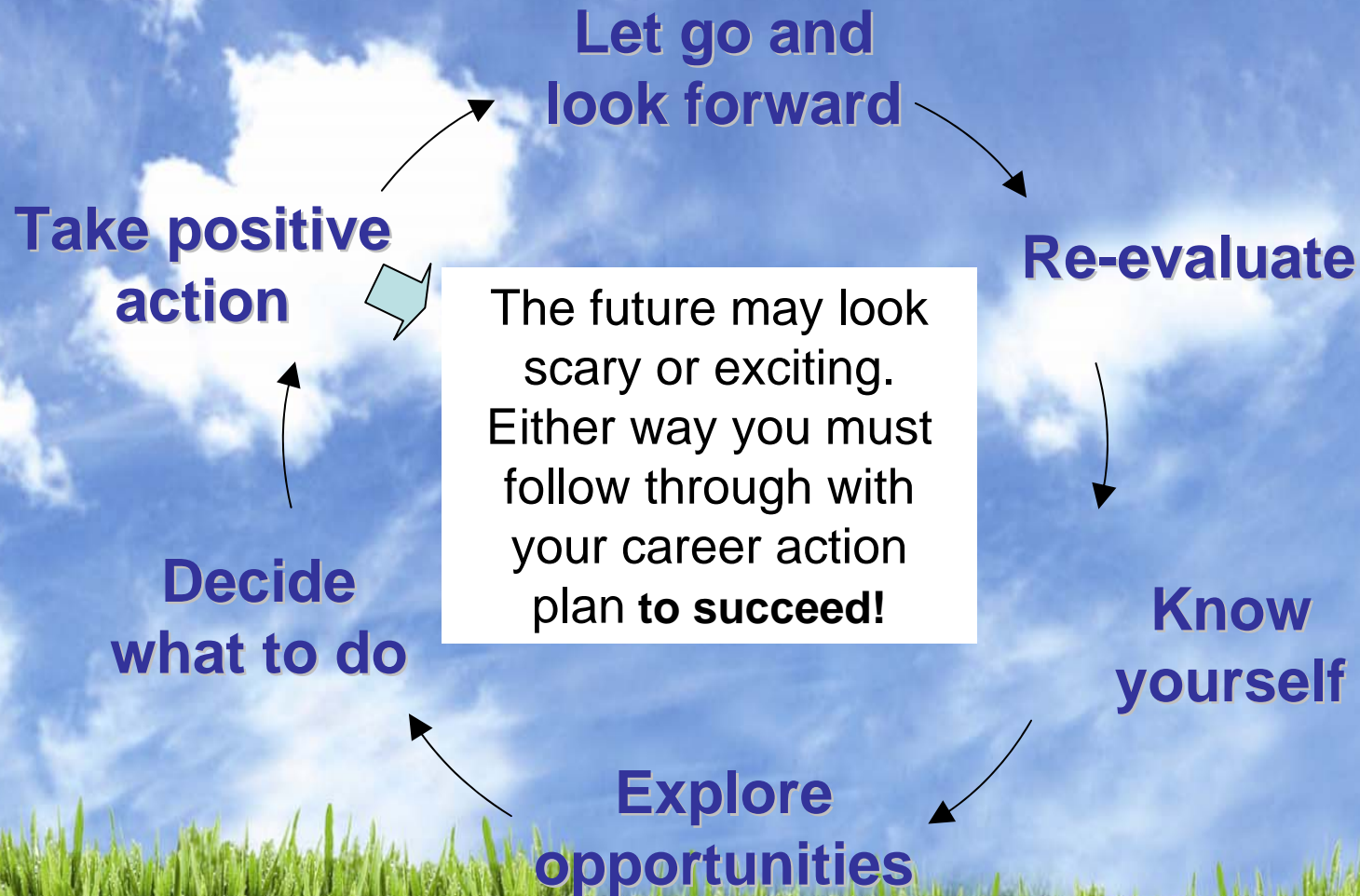
The SMP Career Navigation Cycle



The SMP Career Navigation Cycle



The SMP Career Navigation Cycle



SMP

SOLUTIONS

helping you unlock
your potential

What is holding you back from change?

“What we can or cannot do, what we consider possible or impossible is rarely a function of our true capability – It is more likely a function of our beliefs about who we are”

Tony Robbins

What are your options?

***Be the extra in your
own movie***

- **Compromise**
- **Comfort**
- **Be back next year**
- **Never fulfil your potential!**

***Become the
architect of your
own future***

- **Take control**
- **Challenge yourself**
- **Change**
- **Get the job or career you really want!**

SMP

SOLUTIONS

helping you unlock
your potential

Key Question

- **What is/are more important:**
- **Skills, attributes or attitude?**
- **WHY?**

Winning With Attitude!

Case studies:

- **The Apprentice**
- **X Factor!**

What do they have in common?

SMP

SOLUTIONS

helping you unlock
your potential

Winning With Attitude!

With your 'partner' discuss:

- **Come up with a list of 10 attitudes that you will need to help achieve a successful career change or transition**

SMP

SOLUTIONS

helping you unlock
your potential

Winning With Attitude!

- **How will you now approach the exhibition today and the companies you meet?**

The logo for SMP SOLUTIONS features the letters 'SMP' in a large, white, serif font. Below 'SMP' is a solid blue horizontal bar containing the word 'SOLUTIONS' in a smaller, white, sans-serif font.

SMP

SOLUTIONS

helping you unlock
your potential

Personal Success Stories!

SMP

SOLUTIONS

helping you unlock
your potential

Breakthrough Career Development

Navigate the way to a brighter future!



*For successful career
transition you need:*

- *Mindset & Motivation*
- *Attitude & Action*
- *Planning & Persistence*
- *Self belief & Self awareness*

Your sat nav for success!

SMP

SOLUTIONS

helping you unlock
your potential

How can SMP Solutions help you with your Career?

Visit us on the gallery for a

FREE Career Review!

Benefit from our range of Show Offers!

Navigate the way to a brighter future!

Exclusive Show Offers

- 1** *Exclusive Price*
Breakthrough Career Development Programme
- 2** *Exclusive Price*
Innovative Interactive E-Course
- 3** *Exclusive Price*
Full Day Career Transition Workshop
- 4** **FREE**
Take a seat for a
FREE Career Review